

Information for Families and Caregivers

NEWBORN SCREENING CONDITIONS

The Minnesota Department of Health (MDH) sends information and resources to Minnesota families after learning their child has a condition included in newborn screening. This summary of resources does not provide medical advice. It shares general information. Every family and child are different and some of the information may not apply to a specific child. Check with the child's healthcare provider with questions or concerns about their condition.

[Longitudinal Follow-up for Newborn Screening Conditions - MDH](http://www.health.state.mn.us/people/childrenyouth/ncfu/index.html)

www.health.state.mn.us/people/childrenyouth/ncfu/index.html

- Promotes health and wellbeing after children are confirmed to have more than 60 conditions that affect metabolism, hormones, the immune system, blood, breathing, digestion, hearing, or the heart.

[HRSA Newborn Screening Information Center](https://newbornscreening.hrsa.gov/conditions)

<https://newbornscreening.hrsa.gov/conditions>

- Information and related resources for many conditions.

[MinneStories™ - MDH](http://www.health.state.mn.us/people/newbornscreening/families/minnestories/index.html)

www.health.state.mn.us/people/newbornscreening/families/minnestories/index.html

- Includes families' stories about their experience of being impacted by newborn screening.

Health resources

[Medical Home for Children and Youth with Special Health Needs](http://www.health.state.mn.us/people/childrenyouth/cyshn/medhome.html)

www.health.state.mn.us/people/childrenyouth/cyshn/medhome.html

[Depression or Anxiety During and After Pregnancy](http://www.health.state.mn.us/people/womeninfants/pmad/pmadsfs.html)

www.health.state.mn.us/people/womeninfants/pmad/pmadsfs.html

[Oral Health Resources for Families](http://www.health.state.mn.us/people/oralhealth/family/index.html)

www.health.state.mn.us/people/oralhealth/family/index.html

Financial resources

[MNsure](http://www.mnsure.org)

www.mnsure.org

[Health Care Coverage –](https://mn.gov/dhs/health-care)

[MN Dept. of Human Services](https://mn.gov/dhs/health-care)

<https://mn.gov/dhs/health-care>

[MNbenefits](https://mnbenefits.mn.gov)

<https://mnbenefits.mn.gov>

[Minnesota Paid Leave –](https://pl.mn.gov/individuals/how-paid-leave-works)

[MN Dept. of Employment and
Economic Development](https://pl.mn.gov/individuals/how-paid-leave-works)

<https://pl.mn.gov/individuals/how-paid-leave-works>

[Unpaid Pregnancy and Parental Leave, FMLA –](http://www.dli.mn.gov/parental-leave)

[MN Dept. of Labor and Industry](http://www.dli.mn.gov/parental-leave)

www.dli.mn.gov/parental-leave

[Supplemental Security Income \(SSI\) for Children](http://www.ssa.gov/ssi/text-child-ussi.htm)

www.ssa.gov/ssi/text-child-ussi.htm

Children and youth with special health needs information and resources



www.health.state.mn.us/people/childrenyouth/cyshn/resources.html

Growth and development

Women, Infants and Children (WIC) Program – MDH (www.health.state.mn.us/people/wic/index.html) - Special Supplemental Nutrition Program

Help Me Grow Minnesota (<https://helpmegrowmn.org>) – Connects families to resources that help young children develop, learn and grow.

Early Childhood Family Education (ECFE) in Minnesota (<https://helpmegrowmn.org/HMG/HelpfulRes/Articles/ECFEMN/index.html>) – Engages parents and families in their child’s growth and development.

Follow Along Program – MDH (www.health.state.mn.us/mnfap) – A free program offered through county public health departments that helps families track their child’s development and connect to support if needed.

Family connections

Help Me Connect (<https://helpmeconnectmn.org>) – Resource portal for expecting and parenting families with young children, and those working with them.

Family Voices of Minnesota (<https://familyvoicesofminnesota.org>) – Non-profit organization providing support and information for Minnesota families raising children with disabilities and extra needs.

PACER Center (www.pacer.org) – Improves educational opportunities and enhances the quality of life for children and young adults with disabilities and their families.

Child care resources

Parent Aware (www.parentaware.org/families) – Offering free tools and resources to help families find the quality care their children need to thrive.

Center for Inclusive Child Care (www.inclusivechildcare.org/families-and-caregivers) – Resources and strategies to help parents, grandparents, friends, and neighbors caring for young children.

More resources

Individual, Family, and Community Preparedness – MDH (www.health.state.mn.us/communities/ep/prepare.html) – Resources to make a plan for yourself, your family, and others in the event of a disaster.