



Supportive Systems

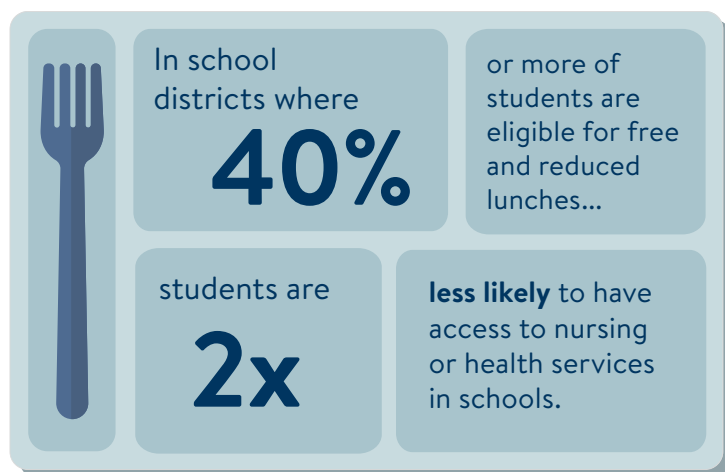
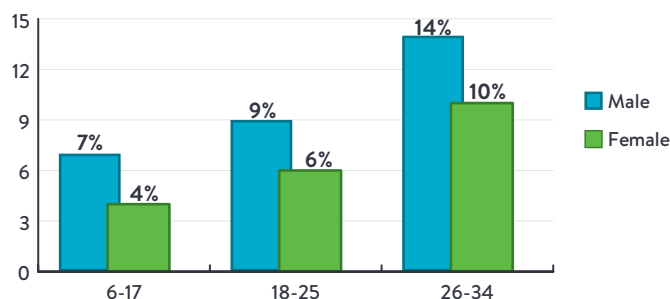
EQUITABLE AND SUPPORTIVE SYSTEMS

Systems and structures to support adolescents must be well-resourced and coordinated to be effective. It is important to ensure that Minnesota has a **structure** that supports a comprehensive network of adolescent health resources.

For example, youth without insurance have less access to needed healthcare services. Adolescents (ages 10-25) who are uninsured report their mental health was not good **two times** as many days as adolescents on private insurance. These numbers are similar for physically unhealthy days.



Males are more likely than females to not have health insurance coverage in Minnesota (2025).



School-based health centers

A comprehensive **school-based health center** is a safety net health care delivery model located in or near a school facility and that offers comprehensive medical care, including preventive and behavioral health services.

Characteristics

- In or near a school.
- Serves students first.
- Ensures equity by turning no child away for their ability to pay.
- Eases access to care that helps kids learn and communities thrive.

For more information, read the complete [Adolescent Health Data Book](http://www.health.mn.gov/people/adolescent/youth/databook.html) (www.health.mn.gov/people/adolescent/youth/databook.html).

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