

# Minnesota Department of Health Project Firstline Hand Hygiene Education Bundle

Hand hygiene is one of easiest most effective ways to prevent the spread of germs (including those resistant to antibiotics) to patients/clients/resident, health care workers, and the health care environment. Hand hygiene is cleaning hands with soap and water (e.g., soap or with antiseptic), alcohol-based hand sanitizer (ABHS), or surgical hand antisepsis. Performing hand hygiene correctly and at the right time ensures safer care and better health outcomes.



## Resources available:

- Recorded trainings
- Interactive & multimedia resources
- English & Spanish language resources

En Sp

## MDH Recorded Trainings

30 min

### [Hand Hygiene Recorded Training](https://survey.vovici.com/se/56206EE3426A39B5)

(<https://survey.vovici.com/se/56206EE3426A39B5>)

30 min

### [How Germs Make People Sick Recorded Training](https://survey.vovici.com/se/56206EE368154384)

(<https://survey.vovici.com/se/56206EE368154384>)

20 min

### [What's Wrong With This Picture? Nurses Station Recorded Training](https://survey.vovici.com/se/56206EE36F9503BF)

(<https://survey.vovici.com/se/56206EE36F9503BF>)



## CDC Interactive and Multimedia Resources

### [What's Wrong With This Picture? Nurses Station](https://www.cdc.gov/project-firstline/hcp/training/Nurses-Station.html)

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En Sp

15 sec

### [Did you Know? Germs Spread Through Touch \(YouTube\)](https://youtu.be/MIjd9W5j2fM)

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## Print Materials and Other Resources

### [Project Firstline Hand Hygiene Steps \(PDF\)](https://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/pfl/training/hhsteps.pdf)

(<https://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/pfl/training/hhsteps.pdf>)

### [MDH Infection Control Assessment and Response \(ICAR\) Hand Hygiene Audit Tool \(Excel\)](https://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/icar/res/hhaudit.xlsx)

(<https://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/icar/res/hhaudit.xlsx>)

### [CDC Clinical Safety: Hand Hygiene for Healthcare Workers](https://www.cdc.gov/clean-hands/hcp/clinical-safety/index.html)

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