

Food Package Updates Starting January 12, 2026

OCTOBER 22, 2025

The January food package update will include changing Whole Grains from pounds to ounces. These changes will be made on the backend the weekend of Jan. 10 and the whole grains description will automatically update in WINNIE and the WIC App.

CPAs do NOT need to change participant food packages in WINNIE. However, CPAs should begin to:

- Notify participants of the upcoming change when **issuing January** food benefits.
- Inform participants that **Saturday, January 10 and Sunday, January 11, whole grains will be unavailable for purchase.**

Participants will receive an app message as a reminder before the change occurs.

Whole Grains

- The benefit description will change from pounds to ounces. The amount a participant receives remains the same but will be shown in ounces.
 - Aggregated household amounts of whole grains will display in ounces instead of pounds.
 - Multiple package sizes are now allowed. Encourage participants to use the app to scan for WIC allowed whole grain items.

Reminder: Saturday, January 10 and Sunday, January 11, whole grains will be unavailable for purchase. New options will be available at most stores on Monday, January 12.

WINNIE functionality

Updated whole grain descriptions:

- WINNIE: Whole Grain Items (WIC-allowed)
- Account Balance: Whole Grain Items (WIC-allowed)
- WIC App: Whole Grain Items

Please reach out to your state WIC consultant if you have questions.

Minnesota Department of Health - WIC Program, 625 Robert St N, PO BOX 64975, ST PAUL MN 55164-0975; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us; to obtain this information in a different format, call: 1-800-657-3942.

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