

Medical Formulary Updates

JUNE 10, 2026

MDH WIC is removing some medical formulas from the medical formulary listing. There are about 30 formulas being removed which will impact about 70 participants.

Why the transition

WIC is a community nutrition program. The formulas being removed are products for infants/children with medical conditions that need close monitoring by their medical team.

If the individual on medical formula obtains the formula from their insurance or home care agency, they will:

- Receive support from a home care agency case manager and dietitian.
- Have formula shipped directly to their home along with other medical supplies.
- Get the full prescription amount from one source.
- Remain on formula after age 5 if medically necessary.
- Be safeguarded from any future WIC federal funding shortfalls which could prevent them from receiving medically necessary formula.

Timeline

6/10/26 - Begin transitioning families now.

6/10/26 - For new medical formula requests only issue the allowed formulas on the updated Minnesota [WIC Formula Summary](#), Exhibit 7-B.

9/30/26 - Last day to *issue* discontinued formulas.

10/27/26 - Last day to *use* benefits for discontinued formulas.

Communication About Formula Changes – the State Office:

- Announced at May Regional Meetings, and June 10 Weekly Update.
- Provided WIC staff with talking points and information for participants and Health Care Providers (HCPs) in June.
- Inform HCPs in June newsletters; [WIC Formula Updates for Health Care Providers June 2026](#).
- Discussed with Department of Human Services (DHS) – Medicaid in May.
- Discussed with Pediatric Home Services in May.
- Currently revising policies (MOM Section 7.5, 7.9) – watch the Weekly Update for announcements.
- Revised website documents:
 - [Minnesota WIC Formula Summary](#)
 - [Medical Formula Amounts Guide](#)
 - [Minnesota WIC Formulary and Medical Reason for Issuance](#)
 - [Minnesota WIC Medical Formula Request Form](#) - this form has been revised. ***Begin to use the updated version.***

MN WIC formulas to be removed 10/1/2026

Boost Breeze

Boost Kid Essentials 1.0 Cal, 1.5 Cal, 1.5 Cal with Fiber

Compleat Pediatric Original 1.0 Cal
 Compleat Pediatric Reduced Calorie
 Compleat Pediatric Peptide 1.0 Cal, 1.5 Cal
 Compleat Pediatric Standard 1.0 Cal, 1.4 Cal
 Enfamil 24 Cal
 Ensure Clear, Ensure Clear Therapeutic
 Neocate Syneo
 Nutramigen W/LGG Toddler
 Nutren Jr, Nutren Jr with Fiber
 PediaSure 1.5 Cal, 1.5 Cal with Fiber
 PediaSure Enteral 1.0 Cal, 1.0 Cal with Fiber
 PediaSure Grow & Gain Shake Mix
 PediaSure Peptide 1.0 Cal, 1.5 Cal
 PediaSure Reduced Calorie
 PediaSure Sidekicks
 Peptamen Jr, Peptamen Jr with fiber, Peptamen Jr 1.5 Cal
 Pregestimil 20 Cal (2 oz RTU bottles)
 RCF
 Similac 24 Cal
 Similac PM 60/40

Transitioning participants

- Review participants on special medical formulas by agency.
- Use Report **FOOD AND FORMULA BY PFDTU** template (found in the INFOVIEW TEMPLATES >> Food and Formula folder).
 - Extract individual agency data or by state (Agency ID = 0 in the prompt, which is the default), query for multiple Food Item IDs and PFDTUs.
 - Formulas (and IDs which you need for the prompts) start on page 3 of the Reference tab to get your agency list.
- **Contact participant/parent/guardian.** Inform them that WIC will no longer cover certain formulas. To remain on their formula product, they must get approval from insurance. These options can help get their product:
 1. Participants can call their medical provider to request documentation be sent to medical assistance or private insurance to obtain the formula. The primary medical provider can assist in coordinating with the Home Care Agency.
 2. WIC staff can assist them in connecting with a Home Care Agency. Encourage them to **sign a release of information (ROI)** so the CPA can talk directly with the Home Care Agency or medical provider.

The Home Care Agency will need the following information:

- Participant Name
- DOB
- Address
- Phone number
- Insurance and Member ID

- Current Formula Information and monthly quantity
 - Prescribing Provider
 - Best time to contact the participant
3. The family may already be receiving formula from a Home Care Agency and may have a process in place. Pediatric Home Services (PHS) commonly works with WIC families. Use the following to connect new families to PHS:
- Phone: 651-642-1825 (Option 4).
 - Email: CS@pediatrighomeservice.com.
 - PHS does use a language line for those needing translation services.

Important Action Items:

- For new medical formula requests only issue the allowed formulas on the updated [Minnesota WIC Formula Summary](#) after June 10.
- Use the [WIC Formula Updates for Health Care Providers](#) to communicate with HCPs and participants.
- **For participants currently receiving discontinued medical formula, follow up monthly.** CPAs must follow up with the participant each month to prevent double-dipping or unnecessary formula issuance.
- **Do not issue beyond September** – All medical formula benefits must be issued no later than 09/30/26.
- Once a participant transitions to a home care agency, WIC cannot provide formula (Food Package III) to the participant. **Document this in a note and alert in the WIC Information System.**
- For **participants who are not receiving any WIC foods or formula** but wish to remain on the WIC Program for nutrition education, MN WIC has a Non-Contract food item called “No WIC Formula/Foods Issued.” This item must be issued using direct ship. It is available for participants who do not receive food benefits to ensure they are counted in the Monthly Participation Count.
- **Medical documentation form and WIC food:**
 - Participants receiving medical formula from another source may receive the standard WIC food package tailored to the medical condition(s) (e.g., allergies). Medical documentation is not required.
 - If other foods are needed such as whole milk/yogurt, infant cereal, or pureed foods it must be indicated on the [Minnesota WIC Medical Formula Request Form](#) - this form has been revised (will be posted in the next week, see revision date on document). **Begin to use the updated version.**
 - The form should include the medical formula prescribed and condition/reason for exception.
- Expect about three weeks for insurance paperwork and approval. **Begin transitioning families now.**
- If a formula has been declined by insurance. Instruct the family to work with their HCP to determine if they can transition off formula or to a different product.

If you have questions, please reach out to your state WIC consultant.

References – Complete Listing of Hyperlinks

WIC MEDICAL FORMULARY UPDATES

WIC Formula Updates for Health Care Providers June 2026

(<https://www.health.state.mn.us/docs/people/wic/hcp/june2026update.pdf>)

Minnesota WIC Formula Summary

(<https://www.health.state.mn.us/docs/people/wic/localagency/formula/oct2026ex7b.pdf>)

Medical Formula Amounts Guide

(<https://www.health.state.mn.us/docs/people/wic/localagency/formula/oct2026amtsguide.pdf>)

Minnesota WIC Formulary and Medical Reason for Issuance

(<https://www.health.state.mn.us/docs/people/wic/localagency/formula/oct2026formulary.pdf>)

Minnesota WIC Medical Formula Request Form

(<https://www.health.state.mn.us/docs/people/wic/localagency/formula/oct2026ex7d.pdf>)

Minnesota Department of Health - WIC Program, 625 Robert St N, PO BOX 64975, ST PAUL MN 55164-0975; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us; to obtain this information in a different format, call: 1-800-657-3942.

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