

Baby Behavior Clip Descriptions

These videos are presented by the Minnesota Department of Health, WIC Program in partnership with UC Davis Human Lactation Center and the California WIC Program. The full listing of clips can be found on the MDH YouTube channel: [MN WIC Baby Behavior Education](#).

Number	Clip Title	Description
1.	Light sleep	Video shows two babies in the stage of light sleep.
2.	Deep sleep	Video shows an infant in the stage of deep sleep.
3.	Hunger cues	Video shows a fussy infant exhibiting hunger cues.
4.	Crying baby	Video show baby crying, with parents wondering what could be for reason.
5.	Overstimulated	Video shows parent attempting to calm a crying baby.
6.	Calming a crying baby	Video shows a mom and sibling trying to calm a crying baby, then a dad trying to calm his baby.
7.	Fullness cues	Video is narrated and shows how to recognize fullness cues when bottle-feeding a baby.
8.	Fullness cues (no voice)	Video of shows baby feeding from a bottle to emphasis fullness cues without narration.
9.	Not hungry pushes away	Video shows a fussy baby pushing away from the breast.
10.	I need something different cues	Video shows a baby that become fussy when the older sibling is singing and trying to play.
11.	I want to be near you cues	Video shows a baby engaging and interacting with mom.
12.	Engaged then disengaged	Video shows baby that is engaged and starts to show disinterest.
13.	Hunger cues from an older baby	Video shows an older baby become vocal while showing signs of hunger.
14.	Sleepy baby cues	Video shows mom holding a baby that becomes sleepy.

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Number	Clip Title	Description
15.	<u>Baby fusses then cries</u>	Video shows a baby move from fussy to crying.
16.	<u>All About sleep</u>	Video is narrated to introduce transition from light to deep sleep and the importance of the sleep stages.
17.	<u>All About crying</u>	Video is narrated to discuss cues of hunger and what crying can really mean.
18.	<u>All about cues</u>	Video is narrated to discuss the importance of parents recognizing their baby's cues and what those cues mean.
19.	<u>Why won't my baby sleep through the night?</u>	Video shows a group discussion with Dr. Jane Heinig exploring why babies don't sleep through the night.
20.	<u>When will my baby sleep through the night?</u>	Video shows a group discussion with Dr. Jane Heinig exploring why babies need to wake up and when babies may sleep through the night.
21.	<u>How can mom get more sleep?</u>	Video shows a group discussion with Dr. Jane Heinig exploring ways that mom can get more sleep at night.
22.	<u>Why is it stressful to hear baby cry?</u>	Video shows a group discussion with Dr. Jane Heinig; exploring why baby cries.
23.	<u>Why do babies cry so much?</u>	Video shows a group discussion with Dr. Jane Heinig exploring how baby's crying can mean overstimulation and what the parents can do to calm them.
24.	<u>What do I do if baby isn't hungry but crying?</u>	Video shows a group discussion with Dr. Jane Heinig exploring topic is what to do when baby cries and you don't know why.
25.	<u>How do I know what my baby really wants?</u>	Video shows a group discussion with Dr. Jane Heinig exploring how parents can tell what baby really wants through cues and how recognizing cues can parents respond to baby.
26.	<u>Is there a special cry for hunger?</u>	Video shows a group discussion with Dr. Jane Heinig explores if there is a special cry when babies are hungry and how recognizing cues can help.

Number	Clip Title	Description
27.	<u>WIC Infant Certification Visit</u>	Video shows a new infant certification at the WIC clinic where the CPA is educating a mom who thinks her baby is feeding too frequently but feels feeding will calm her crying baby.

References- complete listing of hyperlinks:

[MN WIC Baby Behavior Education](#)

(<https://www.youtube.com/playlist?list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1>)

[Baby Behavior: Light sleep](#)

(<https://www.youtube.com/watch?v=ILUJV0QLAiY&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=1>)

[Baby Behavior: Deep sleep](#)

(<https://www.youtube.com/watch?v=KBNMRucbLIQ&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=2>)

[Baby Behavior: Hunger cues](#)

(<https://www.youtube.com/watch?v=cuHbGAXoMgg&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=3&pp=iAQB>)

[Baby Behavior: Crying baby](#) (<https://www.youtube.com/watch?v=EYe0ee2-uS4&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=4&pp=iAQB>)

[Baby Behavior: Overstimulated](#)

(<https://www.youtube.com/watch?v=XtwbXngTjGs&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=5&pp=iAQB>)

[Baby Behavior: Calming a crying baby](#)

(https://www.youtube.com/watch?v=U7L3ppy_VO0&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=6&pp=iAQB)

[Baby Behavior: Fullness cues](#)

(<https://www.youtube.com/watch?v=7ZaTu3lmFe8&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=7&pp=iAQB>)

[Baby Behavior: Fullness cues \(no voice\)](#)

(<https://www.youtube.com/watch?v=svBF9F2LNYo&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=8&pp=iAQB>)

[Baby Behavior: Not hungry pushes away](#)

(<https://www.youtube.com/watch?v=7yUdg6QtGF4&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=9&pp=iAQB>)

Baby Behavior: I need something different cues

(https://www.youtube.com/watch?v=qukpL_uHnNQ&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=10&pp=iAQB)

Baby Behavior: I want to be near you cues (<https://www.youtube.com/watch?v=UH41iNQht-Y&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=11&pp=iAQB>)

Baby Behavior: Engaged then disengaged (<https://www.youtube.com/watch?v=2D5ve-g8HZw&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=12&pp=iAQB>)

Baby Behavior: Hunger cues from an older baby

(<https://www.youtube.com/watch?v=VwEaAPa1OXQ&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=13&pp=iAQB>)

Baby Behavior: Sleepy baby cues

(https://www.youtube.com/watch?v=4Zlo_l8ZYJM&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=14&pp=iAQB0gcJCQYKAYcqIYzv)

Baby Behavior: Baby fusses then cries

(https://www.youtube.com/watch?v=0iOUaFqB_wY&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=15&pp=iAQB)

Baby Behavior: All About sleep

(<https://www.youtube.com/watch?v=7NnRyq3xr1A&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=16&pp=iAQB>)

Baby Behavior: All About crying

(https://www.youtube.com/watch?v=7vpHo45ai_g&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=17&pp=iAQB)

Baby Behavior: All about cues

(<https://www.youtube.com/watch?v=F9Fm1A9tspY&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=18&pp=iAQB>)

Why won't my baby sleep through the night?

(https://www.youtube.com/watch?v=CRc9_PAv5SA&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=19&pp=iAQB)

When will my baby sleep through the night?

(<https://www.youtube.com/watch?v=oqlrhxKaxGY&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=20&pp=iAQB>)

How can mom get more sleep?

(<https://www.youtube.com/watch?v=jU952JNxuYM&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=21&pp=iAQB>)

Why is it stressful to hear baby cry?

(<https://www.youtube.com/watch?v=zQ6pY1msHSo&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=22&pp=iAQB>)

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Why do babies cry so much?

(https://www.youtube.com/watch?v=rw5iN1o9I_E&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=23&pp=iAQB)

What do I do if baby isn't hungry but crying?

(<https://www.youtube.com/watch?v=8kcrM03Bjb4&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=24&pp=iAQB>)

How do I know what my baby really wants?

(https://www.youtube.com/watch?v=r8OS7Ga_YVs&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=25&pp=iAQB)

Is there a special cry for hunger?

(<https://www.youtube.com/watch?v=C6aoUu3PjeE&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=26&pp=iAQB>)

WIC Infant Certification Visit

(<https://www.youtube.com/watch?v=TyvZDvGDPwU&list=PLnv1INVkmxmtYaMmowS5oBHnbgmps7Ai1&index=27&pp=iAQB>)

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