

# Family Home Visiting Improving Intimate Partner Violence Follow-up

This document is a section of the Intimate Partner Violence Screening toolkit. This document focusing on how home visiting agencies can utilize continuous quality improvement (CQI) methods to improve intimate partner violence follow-up practice.

## **IPV Follow-Up**

Following up on a referral involves the home visitor, caregiver, and other service providers. It is best practice to incorporate family-centered decision-making into follow-up expectations. Family-centered decision-making involves working closely with the caregiver to determine what their highest priority is, what types of resources they prefer to receive or not receive, preferred communication strategies, and how they would like to be supported.

For many caregivers, acting on an IPV referral can be frightening, stressful, or put them in danger. A home visitor can support the caregiver in making a personal plan of follow up on the referral. The home visitor and caregiver might agree on a plan for the home visitor to follow up with a phone call or visit in a few hours or days to provide support. The home visitor could use motivational interviewing to identify barriers to acting on the referral. Barriers could include fear, inability to contact without partner finding out, or confusion about next steps. Home visitors could complete a Fishbone Diagram (https://www.health.state.mn.us/communities/practice/resources/phqitoolbox/fishbone.html) to identify barriers to referral completion or timely follow-up. A home visitor could also use "teach back" strategies to ensure that caregivers understand what the next step is in the referral process.

Home visitors can utilize relationships with referral partners to support follow-up. Information sharing, with permission from the caregiver, between a home visitor and service provider can reduce barriers by allowing home visitors to check on a referral status, support coordinating appointments or transportation, and provide information on the caregiver and their family. For example, a home visitor with permission from the caregiver and a signed release of information could connect with domestic violence shelter staff to share information on the caregiver's experience and preferred ways to be contacted to facilitate a warm hand off between services.

Developing and utilizing a referral tracking system can improve referral follow-up by identifying internal and external barriers to referral completion. A referral tracking system could have many different forms, but many home visiting organizations might find it convenient to use electronic record systems to support home visitors managing referrals with different statuses. All home visitors will be required to use IHVE to record and report referral data in addition to any internal referral tracking and documenting. A referral tracking system should at minimum include the date a referral is made, what the referral is for, the status of the referral, and a plan for following up with the caregiver and/or the service provider receiving the referral. A referral status could include:

Not yet in process-family has not acted on referral

#### INTERPERSONAL VIOLENCE SCREENING TOOLKIT

- In process-family has contacted service provider and is awaiting action
- Scheduled-family has an appointment scheduled with service provider
- Complete-family received at least one service or appointment from service provider
- Declined- family is not pursuing services
- Unavailable-referral providers was contacted and cannot provide services to family
- Ineligible-referral provider was contacted and family is not eligible for services

#### **Documenting and Reporting Data**

All home visitors should follow guidance provided in the MDH IHVE Data Collection Manual (https://www.health.state.mn.us/docs/communities/fhv/ihvedatacollmanual.pdf) when documenting and reporting data. The instructions for the screening form can be found on page 53. The instructions for the referral form can be found on page 61.

All screenings and referrals should be documented in IHVE as soon as possible after they occur. Documenting and reporting when a referral progresses through different statuses, such as when a family schedules an appointment or receives services, provides information on whether families are receiving referral services quickly, or if there are barriers that prevent families from acting on a referral. Regardless of the amount of time between when the referral is provided and when the referral status changes, it is important to report this information to document how home visitors support connecting families to resources.

Please note that IHVE data collection forms vary between electronic record systems. For technical assistance, contact the support email address listed below for the system your organization is using.

- Nightingale Notes: <u>support@champsoftware.com</u>
- PH-Doc: supportdesk.wpark@avenuinsights.com
- IHVE REDCap forms: <u>Health.FHVData@state.mn.us</u>

Home visitors will not be required to report via IHVE any information on caregivers that were not screened even if the caregiver disclosed experiencing IPV. Only the date of screening, screening tool used, screening result, and referrals provided must be reported to MDH. Home visitors should follow agency policy and protocol for documenting what took place at the home visit. To support caregivers experiencing IPV and improve ability to provide information to emergency or legal services, home visitors should also consider documenting the following:

- Document exact location on body if there are injuries.
- Document the name and relationship of possible abusers.
- Document details of intervention made and all actions taken. (I.e. police reports, restraining orders, medical reports, and intervention of child protective service).

#### Resources

- <u>Domestic Violence Personalized Safety Plan</u>
   (http://www.ncdsv.org/images/DV Safety Plan.pdf)
- <u>Futures Without Violence Webinars (https://www.futureswithoutviolence.org/resources-events/webinars/)</u>
- Preventing Intimate Partner Violence Across the Lifespan Technical Package (https://www.cdc.gov/violenceprevention/pdf/ipv-technicalpackages.pdf)
- <u>Wilder Research Home Visiting Engagement and Retention (https://www.wilder.org/wilder-research/research-library/home-visiting-engagement-and-retention)</u>
- Minnesota Coalition for Battered Women (http://www.mcbw.org/)

### **Contact**

If you have questions regarding this toolkit or continuous quality improvement efforts within the MDH Family Home Visiting Section, please email <a href="mailto:health.fhvcqi@state.mn.us">health.fhvcqi@state.mn.us</a>.

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To obtain this information in a different format, call: 651-201-4090.