

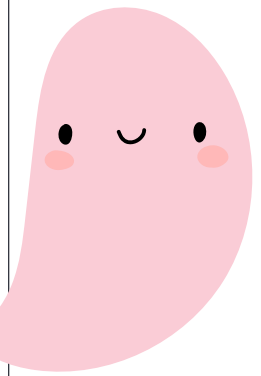






BREAST CANCER AWARENESS MONTH

OCTOBER

2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Check out the Sage Cancer Screening website (mnsage.com) for more information and to see if you qualify for free cancer screenings!</p> <p>*Appointment availability may vary. Please call Sage at 1-888-643-2584 for more information</p>			<p>1</p> <p>Flock the Yard October 1-31 Wayzata, MN</p>	<p>2</p> <p>Bingo for Hope Chest Bloomington, MN 6 – 9:30 PM</p> <p>CentraCare Early Detection Saves Lives: The Power of Breast Cancer Screening St. Cloud, MN 4 – 6 PM</p> <p>Girl's Night Out at the Shoppes Benefitting Hope Chest Maple Grove, MN 4 – 7 PM</p>	<p>3</p>	<p>4</p> <p>Annual Breast Cancer Education Association Conference St. Paul, MN 8 AM – 3 PM</p> <p>Do it for the Girls 5k Walk Hopkins, MN 9 AM – 12 PM</p>
<p>5</p>	<p>6</p> <p>Breast Cancer Support Group Meeting: Vision of Hope Rochester, MN 9 – 10:30 AM</p> <p>Sage Screening Event Allina New Ulm Medical Center 5 – 8 PM</p>	<p>7</p> <p>Not screening for cancer is spooky. This Breast Cancer Awareness Month, spread the word and encourage your loved ones to get a mammogram.</p>	<p>8</p> <p>Firefly Sisterhood IllumiNight Gala Golden Valley, MN 6 – 9 PM</p>	<p>9</p> <p>Bingo for Hope Chest Bloomington, MN 6 – 9:30 PM</p>	<p>10</p> <p>Sk8 to Elimin8 Cancer@ Frozen 5k & Celebration Ice Show October 10 and 11 St. Louis Park, MN 6 – 7:30 PM</p>	<p>11</p> <p>ACS Making Strides of the Twin Cities 7:30 AM – 3 PM</p> <p>Pink Wave Spring Park, MN 2 – 7 PM</p> <p>*Odam Medical Group Mobile Mammography Screening Event True Foundation Church of God in Christ 10 AM – 2 PM</p> <p>*Park Nicollet Mammo a-go-go Lao Center of Minnesota 9 AM – 4 PM</p>
<p>12</p> 	<p>13</p> <p>Metastatic Breast Cancer Awareness Day</p> 	<p>14</p> <p>Rising Above Breast Cancer: Resiliency Session Virtual 6 – 7 PM</p> <p>*Park Nicollet Mammo a-go-go Hmongtown Marketplace 10 AM – 5 PM</p>	<p>15</p> <p>*Park Nicollet Mammo a-go-go NHS Fremont 9 AM – 4 PM</p>	<p>16</p> <p>Celebrate the American Indian Cancer Foundation's Indigenous Pink Day!</p> <p>Bingo for Hope Chest Bloomington, MN 6 – 9:30 PM</p>	<p>17</p> <p>National Mammography Day!</p> <p>.....</p> <p>Early detection saves lives.</p> <p>.....</p>	<p>18</p> <p>*Park Nicollet Mammo a-go-go St. Mary's Risen Savior 8:30 AM – 3:30 PM</p>
<p>19</p>	<p>20</p> <p>*Sanford Mobile Mammography Screening Event Our Lady of Guadalupe Free Clinic, Worthington, MN 8 AM – 2 PM</p>	<p>21</p> <p>*Park Nicollet Mammo a-go-go Community University Health Care Center 8:30 AM – 3:30 PM</p>	<p>22</p> <p>Burgers for Boobs Northern Taphouse Plymouth, Lakeville, and Woodbury, MN 3 – 10 PM</p>	<p>23</p> <p>Bingo for Hope Chest Bloomington, MN 6 – 9:30 PM</p>	<p>24</p> <p>Learn more about what the Minnesota Cancer Alliance is doing to advance cancer outcomes in Minnesota by joining a committee or network and following them on social media.</p>	<p>25</p> <p>Most women know that new lumps can be a sign of breast cancer. According to the American Cancer Society, other possible symptoms can include swelling, skin dimpling, breast or nipple pain, and skin that is red, dry, or flaking.</p>
<p>26</p> 	<p>27</p>	<p>28</p> <p>Breast Cancer Awareness Month is wrapping up, don't forget to get your boo-bies checked!</p> 	<p>29</p> <p>Get your BOO-BIES checked!</p> 	<p>30</p> <p>Bingo for Hope Chest Bloomington, MN 6 – 9:30 PM</p> <p>*Park Nicollet Mammo a-go-go St. Mary's Park Avenue United Methodist Church 9:30 AM – 4:30 PM</p>	<p>31</p>	

Resources

- **MDH social media:** [Facebook \(https://www.facebook.com/mnhealth\)](https://www.facebook.com/mnhealth), [Instagram \(https://www.instagram.com/mnhealth/\)](https://www.instagram.com/mnhealth/), and [X \(https://x.com/mnhealth\)](https://x.com/mnhealth)
- **Minnesota Cancer Alliance social media:** [Facebook \(https://www.facebook.com/MinnesotaCancerAlliance\)](https://www.facebook.com/MinnesotaCancerAlliance), [Instagram \(https://www.instagram.com/mncanceralliance/\)](https://www.instagram.com/mncanceralliance/), and [LinkedIn \(https://www.linkedin.com/company/minnesota-cancer-alliance/\)](https://www.linkedin.com/company/minnesota-cancer-alliance/)
- **September 27:** [Shoulak BreastFest 2025: Platinum Edition \(https://shoulakbreastfestmusicfestivals.com/shoubf2025/\)](https://shoulakbreastfestmusicfestivals.com/shoubf2025/) – Corcoran, MN
- **October 1-31:** [Flock the Yard Hope Chest for Breast Cancer \(https://hopechest.com/event/flock-the-yard-3/\)](https://hopechest.com/event/flock-the-yard-3/) – Wayzata, MN
- **October 2, 9, 16, 23, 30:** [Bingo for Hope Chest \(https://hopechest.com/event/thursday-night-bingo-for-hope-chest/\)](https://hopechest.com/event/thursday-night-bingo-for-hope-chest/), Bloomington, MN, 6 – 9:30 PM
- **October 2:** [Girl's Night Out at the Shoppes Benefitting Hope Chest \(https://hopechest.com/event/girlsnightout/\)](https://hopechest.com/event/girlsnightout/), Maple Grove, MN 4 – 7 PM
- **October 2:** [CentraCare Early Detection Saves Lives: The Power of Breast Cancer Screening \(https://www.centracare.com/classes-events/search-results-detail/?eventId=d0c18113-5b71-f011-a880-000d3a611c21\)](https://www.centracare.com/classes-events/search-results-detail/?eventId=d0c18113-5b71-f011-a880-000d3a611c21), St. Cloud, MN 4 – 6 PM
- **October 4:** [Annual Breast Cancer Education Conference \(https://breastcancereducation.org/annual-conference/schedule\)](https://breastcancereducation.org/annual-conference/schedule), St. Paul, MN 8AM – 3PM
- **October 4:** [Do it For the Girls Breast Cancer Awareness Walk Benefiting MN Breast Cancer Coalition \(https://www.eventbrite.com/e/do-it-for-the-girls-breast-cancer-walk-2025-tickets-1623059196749?aff=ebdsshcopyurl&utm-source=cp&fbclid=IwY2xjawMcQ3JleHRuA2FlbQlxMABicmlkETFYdWVEYWZTUWZaRmxzb3BxAR6sZYK3-yFSv1U2NAmuoEZ3BVpSLZMqxzkNDbZ1jH7nWLYHCcZnV7Aeo7hfQ_aem_gmUGf9VwIADF0XC_BZefPg&utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing\)](https://www.eventbrite.com/e/do-it-for-the-girls-breast-cancer-walk-2025-tickets-1623059196749?aff=ebdsshcopyurl&utm-source=cp&fbclid=IwY2xjawMcQ3JleHRuA2FlbQlxMABicmlkETFYdWVEYWZTUWZaRmxzb3BxAR6sZYK3-yFSv1U2NAmuoEZ3BVpSLZMqxzkNDbZ1jH7nWLYHCcZnV7Aeo7hfQ_aem_gmUGf9VwIADF0XC_BZefPg&utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing), Hopkins, MN 9 AM – 12 PM
- **October 6:** [Breast Cancer Support Group Meeting: Vision of Hope \(https://connect.mayoclinic.org/event/breast-cancer-support-group-meeting-vision-of-hope-1-466f5691/\)](https://connect.mayoclinic.org/event/breast-cancer-support-group-meeting-vision-of-hope-1-466f5691/) Rochester, MN 9 – 10:30 AM
- **October 6:** Sage Screening Event [New Ulm Medical Center \(https://www.allinahealth.org/new-ulm-medical-center\)](https://www.allinahealth.org/new-ulm-medical-center), 5 – 8 PM
- **October 8:** [Firefly Sisterhood IllumiNight Gala \(https://fireflysisterhood.org/event/illuminight-gala-2025/\)](https://fireflysisterhood.org/event/illuminight-gala-2025/), Golden Valley, MN 6 – 9 PM
- **October 10:** [Sk8 to Elimin8 Cancer \(https://fundraise.scottcares.org/twincities\)](https://fundraise.scottcares.org/twincities) Saint Louis Park, MN 6 – 7:30 PM
- **October 11:** [ACS Making Strides of the Twin Cities \(https://secure.acevents.org/site/TR/MakingStridesAgainstBreastCancer/MSABCCY25NOR?pg=entry&fr_id=110834\)](https://secure.acevents.org/site/TR/MakingStridesAgainstBreastCancer/MSABCCY25NOR?pg=entry&fr_id=110834) Bloomington, MN 7:30 AM – 3 PM
- **October 11:** [Pink Wave Hope Chest for Breast Cancer \(https://hopechest.com/event/pink-wave-2/\)](https://hopechest.com/event/pink-wave-2/), Spring Park, MN 2 – 7 PM
- **October 11:** Odam Medical Group Mobile Mammography Screening Event, [True Foundation Church of God in Christ \(https://www.truefoundationchurch.org/\)](https://www.truefoundationchurch.org/), Brooklyn Park, MN 10 AM – 2 PM
- **October 11:** Park Nicollet Mobile Mammography Screening Event, [Lao Center of Minnesota \(https://www.facebook.com/Laocenter.mn/\)](https://www.facebook.com/Laocenter.mn/) Minneapolis, MN 9 AM – 4 PM
- **October 13:** [Metastatic Breast Cancer Awareness Day \(https://www.metavivor.org/\)](https://www.metavivor.org/)
- **October 14:** [Rising Above Breast Cancer: Resiliency Sessions, \(https://connect.mayoclinic.org/event/rising-above-breast-cancer-resiliency-group-meeting-1-b0dfa413/\)](https://connect.mayoclinic.org/event/rising-above-breast-cancer-resiliency-group-meeting-1-b0dfa413/), Virtual 6 – 7 PM
- **October 14:** Park Nicollet Mobile Mammography Screening Event, [Hmongtown \(https://hmongtownmarketplace.com/\)](https://hmongtownmarketplace.com/), St. Paul, MN 10 AM – 5 PM
- **October 15:** Park Nicollet Mobile Mammography Screening Event, [NHS Freemont \(https://neighborhoodhealthsource.org/contact/\)](https://neighborhoodhealthsource.org/contact/), Minneapolis, MN 9 AM – 4 PM
- **October 16:** [American Indian Cancer Foundation Indigenous Pink Day \(https://americanindiancancer.org/breast-cancer/\)](https://americanindiancancer.org/breast-cancer/)
- **October 17:** [National Mammography Day: Early Detection Saves Lives \(https://www.nationalbreastcancer.org/national-mammography-day/\)](https://www.nationalbreastcancer.org/national-mammography-day/)
- **October 18:** Park Nicollet Mobile Mammography Screening Event, [St. Mary's Risen Savior \(https://risensavior.org/\)](https://risensavior.org/), Burnsville, MN 8:30 AM-3:30 PM
- **October 20:** Sanford Mobile Mammography Screening Event, [Our Lady of Guadalupe Free Clinic \(https://www.olgfc.org/\)](https://www.olgfc.org/), Worthington, MN, 8 AM – 2 PM
- **October 21:** Park Nicollet Mobile Mammography Screening Event, [Community University Health Center \(https://cuhcc.umn.edu/mammogram-screening-cuhcc-2\)](https://cuhcc.umn.edu/mammogram-screening-cuhcc-2), Minneapolis, MN 8:30 AM – 3:30 PM
- **October 22:** Burgers for Boobs at [Northern Taphouse, Plymouth, Lakeville, and Woodbury locations \(https://hopechest.com/event/burgers-for-boobs-at-northern-taphouse/\)](https://hopechest.com/event/burgers-for-boobs-at-northern-taphouse/)
- **October 30:** Park Nicollet Mobile Mammography Screening Event, [St. Mary's Park Ave Methodist Church \(https://www.parkavechurch.org/events\)](https://www.parkavechurch.org/events), Minneapolis, MN 9 AM – 4 PM