

Adolescent Mental Health and/or Depression Screening

Measure Specifications

2025 Measurement Year

Summary of Changes	Clarity added to the Numerator specification to address the acceptability of PHQ-9 assessment tools for teens/adolescents labeled as PHQ-9A or PHQ-A in addition to those labeled as PHQ-9M.	
Description	The percentage of patients 12-17 years of age who were screened for mental health and/or depression	
Measurement Period	FINAL 2025 MY: January 1, 2025 through December 31, 2025 PRELIMINARY 2026 MY: January 1, 2026 through December 31, 2026	
Eligible Population	Eligible Specialties	Family Medicine, Internal Medicine, Pediatric/Adolescent Medicine
	Eligible Providers	Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), Advanced Practice Registered Nurses (APRN)
	Ages	12 years or older at the start of the measurement period AND less than 18 years at the end of the measurement period
	Event	At least one office well child visit or eligible telehealth encounter (<i>Adolescent Well Child Visit</i> Value Set) performed or supervised by an eligible provider in an eligible specialty during the measurement period
Denominator	The eligible population	
Numerator	<p>The number of patients in the denominator who completed ANY of the following mental health and/or depression screening tools during the measurement period AND have the screening tool result documented in the medical record:</p> <ul style="list-style-type: none"> • Patient Health Questionnaire – 9 item version (PHQ-9) • PHQ-9 Modified for Teens and Adolescents (PHQ-9M/PHQ-9A/PHQ-A) • Kutcher Depression Scale (KADS) • Beck Depression Inventory II (BDI-II) • Beck Depression Inventory Fast Screen (BDI-FS) • Child Depression Inventory (CDI) • Child Depression Inventory II (CDI-2) • Patient Health Questionnaire – 2 item version (PHQ-2) • Pediatric Symptom Checklist – 17 item version (PSC-17) - parent version • Pediatric Symptom Checklist – 35 item (PSC-35) - parent version • Pediatric Symptom Checklist – 35 item Youth Self-Report (PSC Y-SR) • Global Appraisal of Individual Needs screens for mental health and substance abuse (GAIN-SS) 	

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Required Exclusions	<p>The following exclusions must be applied to the eligible population:</p> <ul style="list-style-type: none"> • Patient had a diagnosis of schizophrenia (<i>Schizophrenia or Psychotic Disorders</i> Value Set) any time prior to the end of the measurement period • Patient had a diagnosis of bipolar disorder (<i>Bipolar Disorder</i> Value Set) any time prior to the end of the measurement period • Patient had an active diagnosis of depression or dysthymia (<i>Major Depression or Dysthymia</i> Value Set) any time during the measurement period • Patient had a diagnosis of personality disorder (<i>Personality Disorder – Emotionally Labile</i> Value Set) any time prior to the end of the measurement period • Patient had moderate, severe, or profound intellectual disabilities (<i>Intellectual Disability</i> Value Set) any time prior to the end of the measurement period
Measure Scoring	Rate/Proportion
Interpretation of Score	Higher score indicates better quality
Measure Type	Process