

Asthma Education and Self-Management Specifications

2026 Report Year/2025 Measurement Year

Topic	Description	
Description	The percentage of pediatric (5-17 years of age) and adult (18-50 years of age) patients who had a diagnosis of asthma, have been educated about their condition, and have a written asthma self-management plan. Separate rates are reported for each age group.	
Measurement Period	January 1, 2025 through December 31, 2025	
Eligible Population	Eligible Specialties	Family Medicine, Internal Medicine, Pediatrics, Allergy/Immunology, Pulmonology
	Eligible Providers	Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), Advanced Practice Registered Nurses (APRN)
	Ages	5 years or older at the start of the measurement period AND less than 51 years at the end of the measurement period
	Diagnosis	Patient had a diagnosis of asthma (<i>Asthma Value Set</i>) with any contact during the current or prior measurement period OR had asthma (<i>Asthma Value Set</i>) present on an active problem list at any time during the measurement period Both contacts AND the active problem list must be queried for diagnosis (<i>Asthma Value Set</i>)
	Event	At least one established patient office or telehealth visit (<i>Established Pt Asthma Value Set</i>) performed or supervised by an eligible provider in an eligible specialty for any reason during the measurement period
Denominator	The eligible population.	
Numerator	<p>The number of patients in the denominator who have been educated about their asthma and self-management of the condition and also have a written asthma management plan present [created or reviewed and revised within the measurement period (01/01/2025 to 12/31/2025)]:</p> <p>Patient has a written asthma management plan in the chart with the following documented:</p> <ul style="list-style-type: none"> • Plan contains information on medication doses and purposes of these medications. • Plan contains information on how to recognize and what to do during an exacerbation. • Plan contains information on the patient's triggers. 	

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Required Exclusions	<p>The following exclusions must be applied to the eligible population:</p> <ul style="list-style-type: none">• Patient had a diagnosis of cystic fibrosis, COPD, emphysema or acute respiratory failure (<i>Obstructive Lung and Respiratory Failure Value Set</i>)
Allowable Exclusions	<p>The following exclusions are optional and may be applied to the eligible population:</p> <ul style="list-style-type: none">• Patient was in hospice or receiving palliative care (<i>Palliative Care Value Set</i>) at any time during the measurement period• Patient died prior to the end of the measurement period• Patient had only urgent care visits during the measurement period
Measure Scoring	<p>Rate/Proportion</p> <p>Results are always stratified by age:</p> <ul style="list-style-type: none">• Children (5-17 years of age)• Adults (18-50 years of age)
Interpretation of Score	Higher score indicates better quality
Measure Type	Process