

Asthma Education and Self-Management Specifications

2026 Report Year/2025 Measurement Year

Topic	Description	
Description	The percentage of pediatric (5-17 years of age) and adult (18-50 years of age) patients who had a diagnosis of asthma, have been educated about their condition, and have a written asthma self-management plan. Separate rates are reported for each age group.	
Measurement Period	January 1, 2025 through December 31, 2025	
Eligible Population	Eligible Specialties	Family Medicine, Internal Medicine, Pediatrics, Allergy/Immunology, Pulmonology
	Eligible Providers	Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), Advanced Practice Registered Nurses (APRN)
	Ages	5 years or older at the start of the measurement period AND less than 51 years at the end of the measurement period
	Diagnosis	Patient had a diagnosis of asthma (<i>Asthma Value Set</i>) with any contact during the current or prior measurement period OR had asthma (<i>Asthma Value Set</i>) present on an active problem list at any time during the measurement period Both contacts AND the active problem list must be queried for diagnosis (<i>Asthma Value Set</i>)
	Event	At least one established patient office or telehealth visit (<i>Established Pt Asthma Value Set</i>) performed or supervised by an eligible provider in an eligible specialty for any reason during the measurement period
Denominator	The eligible population.	
Numerator	The number of patients in the denominator who have been educated about their asthma and self-management of the condition and also have a written asthma management plan present [created or reviewed and revised within the measurement period (01/01/2025 to 12/31/2025)]: Patient has a written asthma management plan in the chart with the following documented: <ul style="list-style-type: none">Plan contains information on medication doses and purposes of these medications.Plan contains information on how to recognize and what to do during an exacerbation.Plan contains information on the patient’s triggers.	

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Required Exclusions	<p>The following exclusions must be applied to the eligible population:</p> <ul style="list-style-type: none"> • Patient had a diagnosis of cystic fibrosis, COPD, emphysema or acute respiratory failure (<i>Obstructive Lung and Respiratory Failure Value Set</i>)
Allowable Exclusions	<p>The following exclusions are optional and may be applied to the eligible population:</p> <ul style="list-style-type: none"> • Patient was in hospice or receiving palliative care (<i>Palliative Care Value Set</i>) at any time during the measurement period • Patient died prior to the end of the measurement period • Patient had only urgent care visits during the measurement period
Measure Scoring	<p>Rate/Proportion</p> <p>Results are always stratified by age:</p> <ul style="list-style-type: none"> • Children (5-17 years of age) • Adults (18-50 years of age)
Interpretation of Score	Higher score indicates better quality
Measure Type	Process