CDC is preventing violence in Minnesota communities

Violence is one of the leading causes of death in the US. CDC has been the leading federal agency focused on preventing injury and violence for over 40 years.

Violence is preventable. It's scientifically proven.

When traumatic events happen to children—such as experiencing abuse or neglect, living in a home with substance misuse, or witnessing community violence—these adverse childhood experiences, or ACEs, can cause lasting, negative effects on health including an increased risk of experiencing or perpetrating violence later in life. CDC is uniquely positioned to help communities across the country prevent ACEs and other forms of violence, to ensure that all people are safe, healthy, and thriving.

In 2024, Minnesota received \$1,877,139 from CDC to prevent violence **before it happens.** CDC funds states and communities to use data to implement proven prevention approaches with the greatest potential to reduce violence. CDC scientists provide data analysis, the latest research findings and additional expertise to support state and local health departments, community organizations, and others working to prevent violence. Their efforts help save lives and improve community safety and well-being.

Violence prevention is critical for Minnesota

Violence doesn't only affect victims and their families in the immediate term—it has long-term effects on their surrounding communities. Violence can lead to physical and mental illness, chronic diseases, fewer employment opportunities, childhood developmental delays, and premature deaths. Violence can discourage people from participating in neighborhood activities, limit business growth and prosperity, strain education, justice, and medical systems, and slow community progress.

Example Prevention Approaches

- Safe routes to and from school
 Job training programs
- Home visitation programs to support new mothers
- · Mentoring and afterschool programs
- Cleaning and maintaining vacant lots
- Programs in hospitals that provide social and job support to victims to prevent future violence

Violence in Minnesota, by the numbers

197 homicides in 2023

13% of adults have experienced four or more ACEs in their lifetimes

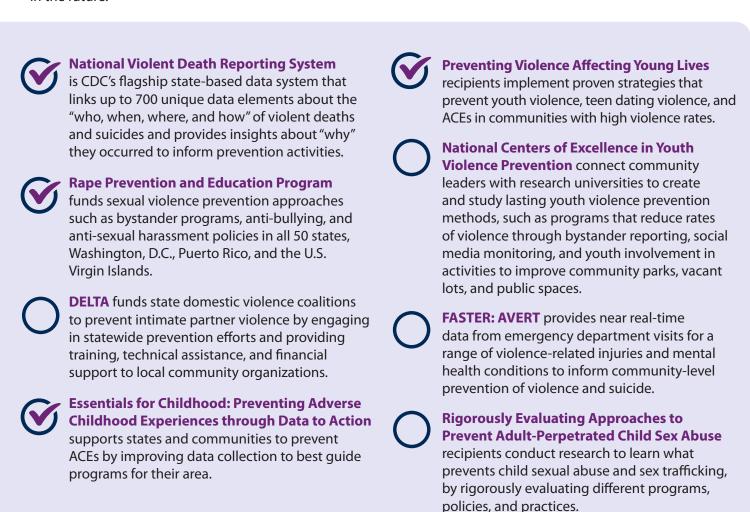
27% of women have experienced rape or survived rape attempts in their lifetimes



CDC funds violence prevention programs in Minnesota

CDC has been researching violence for over 40 years—building, implementing, and evaluating programs designed to reduce and prevent violence for entire populations.

Programs with a check mark below are active in Minnesota and are using the best available evidence to inform prevention in the state. Programs without a check mark are other CDC programs that Minnesota can apply for in the future.



CDC Supports Minnesota

CDC's Rape Prevention and Education (RPE) funding supports Minnesota to implement programs to prevent sexual violence. For example, Minnesota RPE partnered with Men as Peacemakers to evaluate the BEST (Be Equal Safe & Trustworthy) program. BEST is an innovative and comprehensive program addressing sexual violence and sexual misconduct on campus through efforts such as working with athletic teams, fraternities and sororities, and other influential student groups and shaping party culture to promote safety. Minnesota RPE worked with student and school administrators to analyze the evaluation data which led to expanding BEST to six Minnesota campuses and two out-of-state campuses, with over 3,000 students directly reached since 2024.