

# Module 1: Activity 3

## NATURE

### Purpose

- Learn about the topic of asthma in Minnesota.
- Apply what you've been learning about prevention and health equity and the individual/institutional/systemic approaches.
- Do some research and digging using the resources provided.

### Background

- This activity asks you to engage in prevention, health equity, and individual/institutional/systemic approaches.
- What do you know and what can you find to help connect this topic to these ideas?

Think about:

- What stats or facts do you need to know?
- Who is most impacted?
- What are examples of current efforts to address asthma?
- What are the individual / institutional / and structural/systemic causes and potential solutions to asthma?

### Learn more about ASTHMA

- [Data, Statistics, and Surveillance of Asthma at the CDC](#)
- [Healthy Schools: Asthma](#)
- [Asthma Friendly Schools Toolkit](#)
- [Allergy and Asthma Network: Health Equity in Allergies](#)
- [Housing Disparities and Asthma: Reinvesting in Neighborhoods to Promote Health Equity](#)

### Questions to answer as a group (work collaboratively)

1. Find one institution or organization working to address asthma in our state.
  - a. Name of organization/institution:
  - b. Link to website:
  - c. What is their approach to prevention?
  - d. How do they address health equity?
  - e. Do they address the individual, institutional, or systemic in their approach?
2. Find one policy working to address those most impacted by asthma in our state.

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- a. Name of policy
- b. Website link to policy:
- c. How does the policy address prevention?
- d. How does the policy address health equity?
- e. Does the policy address the individual, institutional, or systemic in its approach?