

# Welcome to your new services!

## What we want you to know.

Home Care laws in Minnesota require any person receiving home care services to have an Individual Abuse Prevention Plan (IAPP). We are required to ask you these questions as everyone who works at this home care agency is a mandated reporter of abuse, neglect, and exploitation. The resulting plans are meant to be supportive to you.

#### What is an IAPP?

This is a plan that will be developed by you and your provider. The plan is an important tool the provider will use to ensure you are safe from abuse, if that risk is identified. Developing the IAPP requires a candid conversation between you and the provider about your history, current and future risks, and how the provider can assist to protect you. The plan will be individualized based on your need.

#### What does an IAPP cover?

- Physical Abuse hitting, punching, pushing, pinching, slapping, dragging.
- Verbal Abuse humiliating you in front of others; calling you insulting names, such as
   "stupid," "disgusting," or "worthless"; getting angry in a way that is frightening to you;
   threatening to hurt you, people you care about, or pets; the abuser threatening to harm
   him/herself when upset with you.
- Sexual Abuse unwanted touching or sexual advancements, forced sexual acts, rape.
- **Financial Exploitation** stealing goods, services or money. Using a relationship or status to manipulate money from you, financial scams.
- Neglect not eating food to the point of malnutrition, not taking prescribed medication to
  the point of mental health crisis or hospitalization, not managing necessary hygiene to the
  degree it threatens your health and wellbeing.

If any of these are not applicable to you, then they will mark, "not a concern".

Thank you for taking the time to review this information bulletin.

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To obtain this information in a different format, call: 651-201-4200.