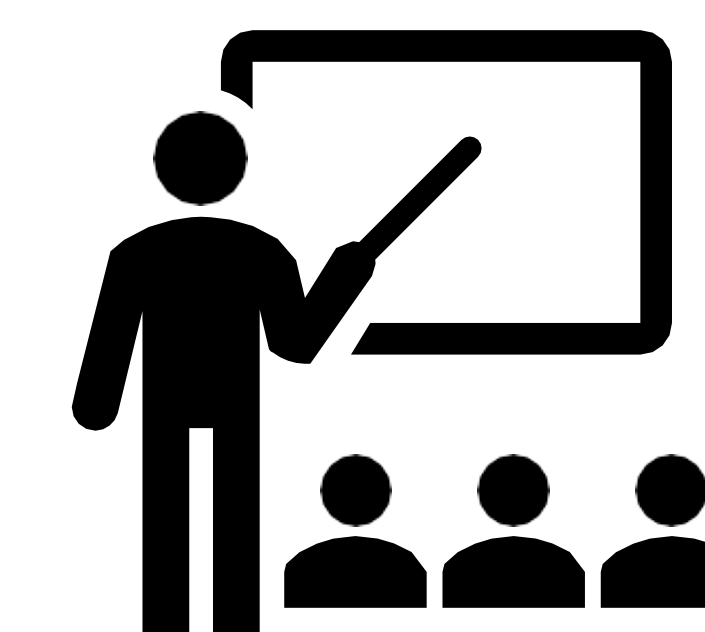


Koj Cov Ntaub Ntawv Kuaj Kab Mob Ntsws Qhuav (TB) Vim li cas thiaj tseem ceeb rau koj khaws cov ntawv no cia?



Vim li cas peb thiaj kuaj kab mob ntsws qhuav rau cov neeg ua hauj lwm tshiab?

Kev kuaj kab mob ntsws qhuav (TB) yuav tsum tau ua thiaj ua tau ntaub ntawv tso cai rau cov vaj tse khiav dej num, suav nrog rau kev saib xyuas mob nkeeg nyob rau tom vaj tse thiab. Cov neeg ua hauj lwm saib xyuas mob nkeeg yuav raug kuaj kab mob ntsws qhuav (TB) ua ntej lawv ua tau hauj lwm tu cov neeg mob lossis cov neeg txais kev saib xyuas. Cov hom phiaj ntawm kev kuaj mob yog 1) kom paub sai seb puas muaj mob thiab xa mus txais kev kho yog tias muaj hom mob TB uas muaj tsos mob tshwm (muaj mob tshwm/kis tau rau lwm tus) thiab 2) kom paub tus kab mob thiab rau siab muab kev kho rau cov neeg uas muaj hom kab mob TB uas tsis muaj tsos mob tshwm (tsis muaj mob tshwm/kis tsis tau rau lwm tus).

Kev kuaj mob yuav koom nrog rau dab tsi thiab?

Koj li keeb kwm uas muaj feem kis tau kab mob TB: kev kuaj tau kab mob TB lossis TB uas tsis muaj tsos mob tshwm (LTBI) yav dhau los, kev muaj ib yam mob uas ua rau lub cev tsis muaj zog tiv thaiv kab mob uas tej zaum cuam tshuam tau rau kev kuaj mob, kev tau txhaj tshuaj tiv thaiv kab mob Bacille Calmette-Guérin (BCG) (uas tej zaum ua rau kev kuaj ntawm txheej tawv pom tshwm cuav tias muaj mob lawm), kev tau mus nyob ntev tshaj ob lub hlis rau ib lub teb chaws uas muaj kab mob TB tshwm sim tas lis, lossis kev tau mus nyob ze ib tus neeg mob TB uas sib kis tau txij thaum koj tau kuaj mob zaum kawg nkaus los mus.

Cov Yam Ntxwv thiab Tsos Mob TB uas Sib Kis Tau (active TB): hnoos tas li ntev 3 lim tiam rov yav saud, mob hauv siab lossis ua pa txog siav, poob phaus yam tsis paub tias tim dab tsi, tawm hws hmo ntuj, hnoos tau ntshav, gaug zog nkees, tsis qab los noj mov, ua npaws lossis no tshee. Lwm yam tsos mob tej zaum tshwm sim tau nyob rau ntawm seb tus mob muaj nyob rau qhov twg xwb.

Kev Kuaj Mob TB: kuaj ib tom IGRA (interferon gamma release assay) uas yog kuaj ntshav **lossis** kuaj TST uas yog ob tom (Mantoux tuberculin skin test). Yog yav dhau los koj tau ua qhov kev kuaj TST uas tsis haum koj los yog koj txhawj tias kev tau txhaj tshuaj tiv thaiv BCG yav dhau los tej zaum yuav cuam tshuam rau kev kuaj TST ces koj tsim nyog ua qhov kev kuaj IGRA.

Yuav muaj dab tsi yog kuaj pom tias kuv muaj mob lawm?

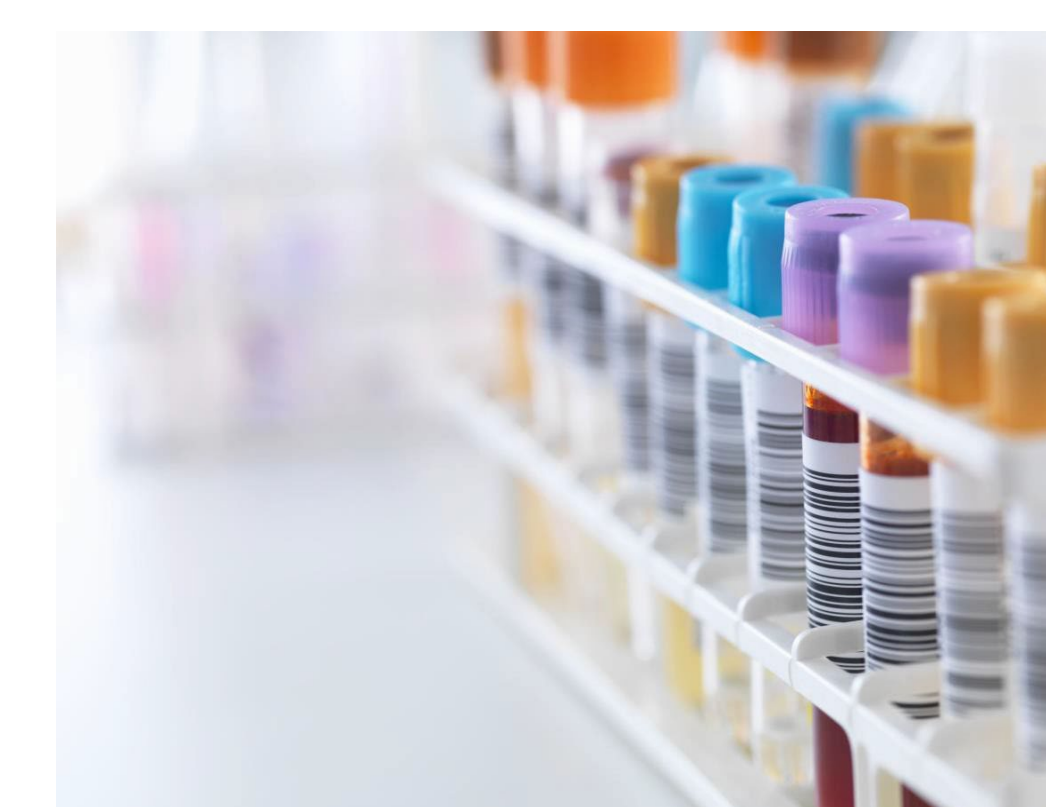
Cov tswv hauj lwm mam them cov nqi kuaj mob uas yuav tsum tau kuaj nyob rau tom chaw hauj lwm (kuaj TB, tsom fai fab x-ray ntawm hauv siab). Cov neeg uas kuaj pom tias muaj mob TB yuav tsum tau tsom fai fab x-ray ntawm hauv siab (CXR). Yog qhov CXR pom tias tsis muaj mob ces koj mus ua hauj lwm saib xyuas cov neeg mob nkeeg lossis cov uas txais kev pab tau.

Cov tswv hauj lwm tsis muaj lub luag hauj lwm ris nuj nqi ntau tshaj qhov no.

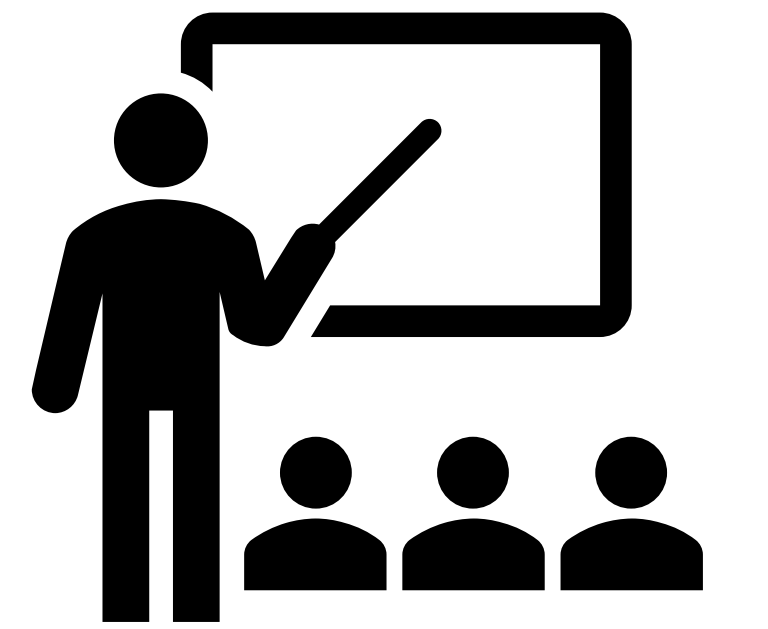
Yog koj muaj tsos mob tshwm lossis kev tsom fai fab x-ray pom muaj qhov txawv, koj yuav tsum mus ntsib ib tug kws kho mob kuaj ntxiv tias nws tsis yog yam kab mob TB uas sib kis tau. Nco ntsoov tias yog koj raug kuaj pom tias muaj mob TB uas sib kis tsis tau (latent TB), ces kev kho mob tuaj yeem pab txo kev mob loj uas hloov mus uas TB sib kis tau.

Yog kuv tau kuaj pom tias muaj mob yav dhau los lawm ne?

Khaws cov ntaub ntawv ntsuam xyuas cia! Yog koj muaj ntaub ntawv kuaj yav dhau los qhia tias koj muaj mob lawd ces koj tsis tas kuaj dua. Thiab yog koj tau tsom fai fab x-ray ntawm hauv siab pom tias tsis muaj mob li 90 hnuv ua ntej koj qhov kev kuaj pom tias muaj mob lossis tsom tom qab koj tau kuaj pom tias koj mob lawd, ces koj tsis tas tsom fai fab x-ray ntawm hauv siab dua. Txhua tus neeg ua hauj lwm uas kuaj pom tias muaj mob TB yuav tau raug kuaj txhua txhua xyoo, tshwj yog tias koj muaj ntaub ntawv qhia tias koj tau kho mob TB lossis kho mob LTBI (mob TB uas tsis muaj tsos mob tshwm) tiav lawm xwb.



Koj Cov Ntaub Ntawv Kuaj Kab Mob Ntsws Qhuav (TB) Vim li cas thiaj tseem ceeb rau koj khaws cov ntawv no cia?



Yog tias kuv nyuam qhuav kuaj tas tsis ntev los no ne?

Khaws koj cov ntawv kuaj cia thiab qhia rau koj tus tswv hauj lwm tias koj muaj cov ntaub ntawv kuaj!

Minnesota Lub Tuam Tsev Saib Xyuas Kev Noj Qab Haus Huv thiab cov chaw uas muaj kev saib xyuas mob nkeeg tab tom sib koom tes ua ke los mus tsim tsa kom muaj kev nqa cov ntaub ntawv kuaj mob TB yooj yim thiaj li tsis tas muaj kev kuaj mob ntau zaus rau cov Neeg Ua Hauj Lwm Saib Xyuas Mob Nkeeg, tiam sis yuav tsum yog sawv daws sib koom tes thiaj li yuav mus cuag lub hom phiaj no.

Thaum twg koj raug kuaj mob TB los yog tsom fai fab x-ray hauv siab los ntawm koj lub chaw hauj lwm (lossis lub tsev kawm ntawv), ces koj muaj lub luag hauj lwm khaws cov ntaub ntawv kuaj no cia. Yog koj tsis tau txais cov ntawv kuaj ces yeej meem nug. Cov ntawv no yog koj li ntaub ntawv kev noj qab haus huv thiab tab txawm koj tsis tau them nqi rau los koj yeej yuav tsum tau txais cov ntawv kuaj no.

Khaws koj cov ntawv kuaj no cia kom zoo chaw thiab muab coj los mus qhia rau cov tswv hauj lwm tshiab thaum koj pib hauj lwm tshiab rau qhov chaw uas yuav tsum tau muaj kev kuaj. Kev kuaj mob TB uas pom tias tsis muaj mob tsuas muaj hnuv nyoog siv tau ib ntus xwb, yog li koj yuav tsum khaws cia cov ntaub ntawv uas tau kuaj tshiab tshaj plaws. Kev kuaj uas pom tias muaj mob lawd tsis muaj kev tas hnuv nyoog li, yog li koj thiaj yuav tsum muab khaws cia twj ywm nrog rau cov ntaub ntawv tsum fai fab x-ray hauv siab thiab.

Yog kuv ua kuv cov ntaub ntawv kuaj ploj ne?

Tiv toj rau koj tus tswv hauj lwm qub kom muab koj cov ntaub ntawv kuaj mob TB zaum kawg nkaus rau koj. Yog koj thov rau tus qub tswv hauj lwm kom xa cov ntaub ntawv ncaj qha mus rau tus tswv hauj lwm tshiab ces tej zaum lawv yuav tsum tau kom koj sau npe rau daim ntawv tso cai ua ntej lawv yuav xa cov ntaub ntawv mus tau.

Yog koj tau kuaj mob nyob rau ib lub tsev kuaj mob ces mus thov koj cov ntaub ntawv tau ntawm lub tsev kuaj mob ntawd.

Kev Pab Ntxiv

Muaj ntaub ntawv qhia ntxiv nyob rau Minnesota Lub Tuam Tsev Saib Xyuas Kev noj Qab Haus Huv qhov website:
www.health.mn.gov/tb

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Ua tsaug rau cov Neeg Ua Hauj Lwm Saib Xyuas Kev Mob Nkeeg!

